

PRAYER AND

21 DAY PRAYER
GUIDE

FASTING

2021

A JOURNEY OF
OVERCOMING FEAR

MORNING PRAYER JAN. 4-23 (MON-SAT)
MONDAY-FRIDAY 6:00 AM - SATURDAY 9AM
JOIN US IN THE SANCTUARY OR ONLINE

PRAYER & FASTING 2021

ABOUT THIS DEVOTIONAL

For many of us 2020 has been an unsettling year. We feel it in our nation, and, perhaps, you feel it personally. This year, our church-wide 21 days of prayer and fasting will focus on overcoming fear.

This devotional invites you to:

Be honest about your fears

Anchor your faith in God

Yield to His work in your journey

And to embrace His love for you and your call to love

Our morning prayer services will track with this devotional

Morning prayer will be Mon-Fri at 6am | Sat. at 9am

Evening Prayer 6:30pm on Jan. 6, 13, 20, | 6pm on Jan. 24

- Join us in the sanctuary or online -

WEEK 1

OVERCOMING FAITH

*Our faith is powerful
only because God is powerful*



Our fleshly instinct is to fear, not trust.
In Christ we are free to trust."

- Jack Williams

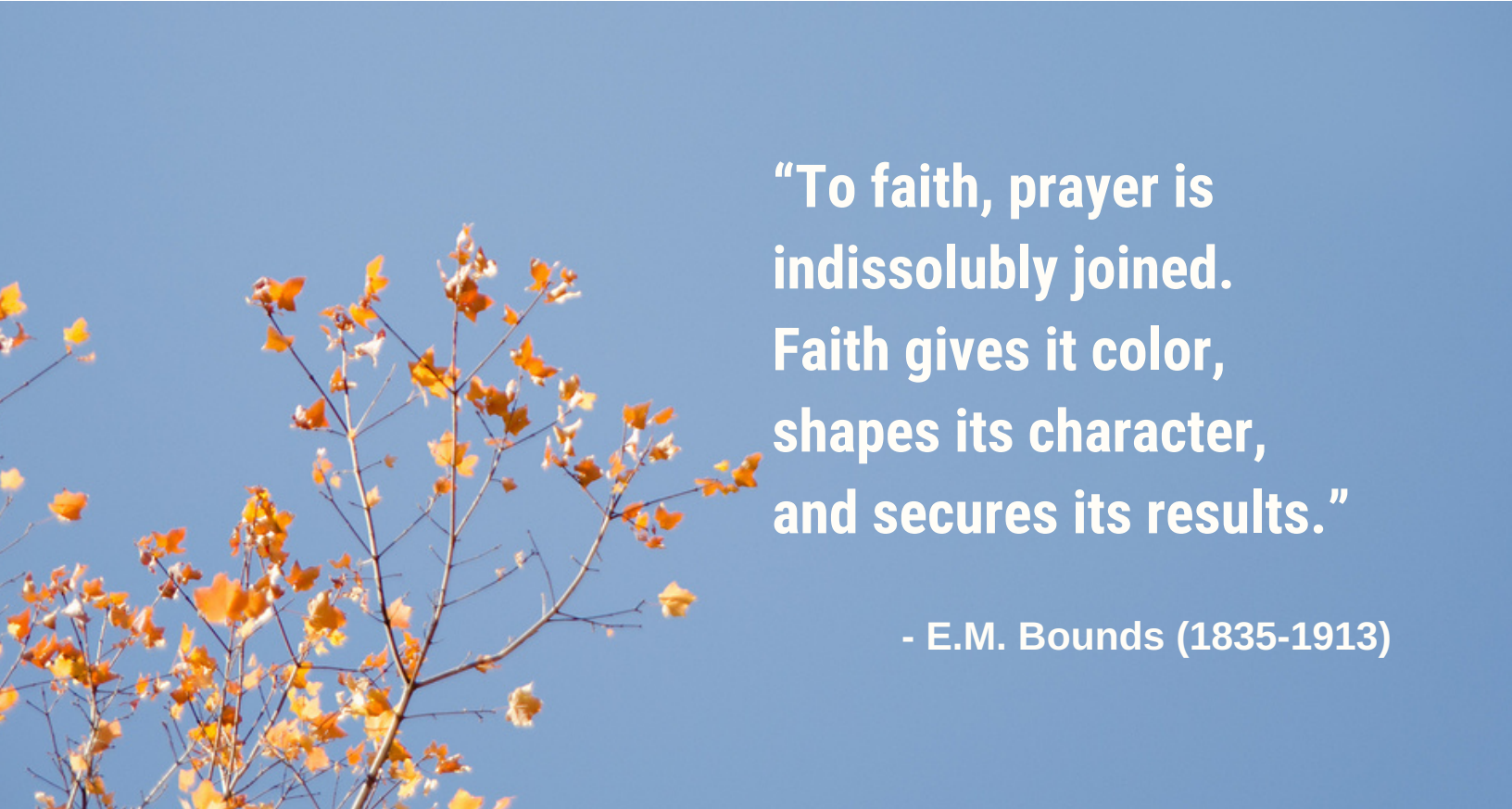
WILLING TO TRUST

Trust can feel foolish, in a world filled with so much bias and propaganda. How precious it is to know that there is a person I can trust without reservation.

Read Isaiah 30:15-16

Prayer & Reflection:

You are not alone. If you would like to meet with one of our pastors let us know by emailing us at: ghuhges@fullnesscf.org.



“To faith, prayer is indissolubly joined. Faith gives it color, shapes its character, and secures its results.”

- E.M. Bounds (1835-1913)

THE PRAYER OF FAITH

My fearful thoughts can make my mind an inhospitable place for faith in God. To what extent does faith shape the character of my prayer life?

Read Mark 11:20-25

Prayer & Reflection:



**"Overcoming fear
as a Christian is
more than saying,
'I'm not afraid anymore.'
It's actively humbling
ourselves and trusting in Christ.
It's declaring, 'Christ has overcome.'"**

- CAROLINE COUCH


BEING KILLED ALL DAY LONG

Denying reality is pointless. If I'm afraid, then I'm afraid. If nothing can separate me from God's love in Christ, then nothing can separate me from God's love in Christ.

Read Romans 8:31-39

Prayer & Reflection:

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**“INTERIOR PEACE IS THE PEACE OF THE
FRUIT OF CHRIST’S OVERCOMING
AND OF THE HOLY SPIRIT’S OUTPOURING.”**

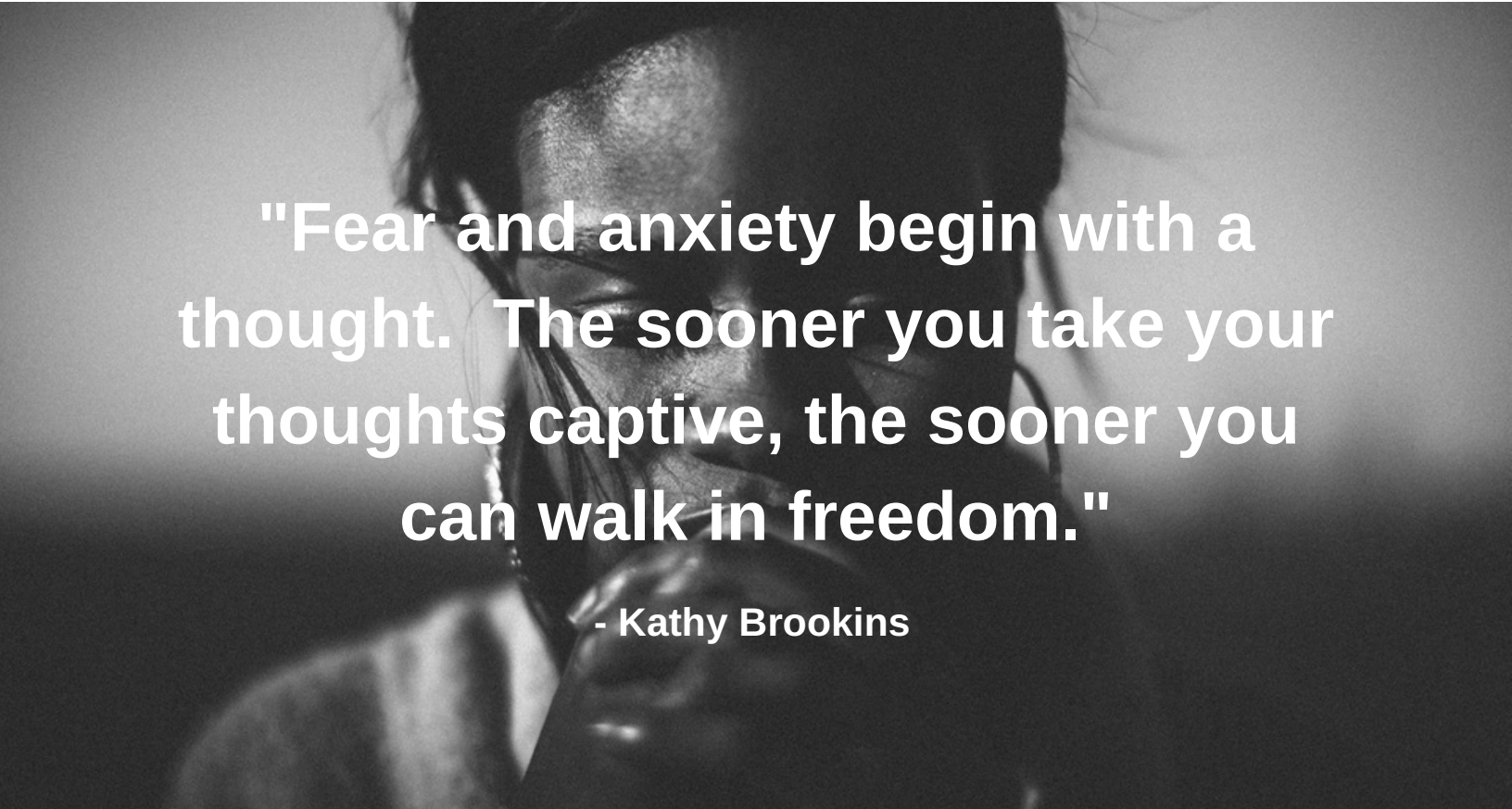
- Mother Mary Clare (1906-1988)

LET IT RULE

The peace of Christ does not come to visit my heart. His peace comes to rule. This reign comes to hearts that have opened their gates and welcomed his rule.

Read Colossians 3:15-17

Prayer & Reflection:



"Fear and anxiety begin with a thought. The sooner you take your thoughts captive, the sooner you can walk in freedom."

- Kathy Brookins

DESTROYING STRONGHOLDS

The battle of ideas rages without and within. Arguments and opinions in my mind that undermine the knowledge of God must become prisoners of war.

Read 2 Corinthians 10:3-6

Prayer & Reflection:

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**“The people of God are called to be peacemakers.
We see the beauty and the brokenness.
We face the world sober.”**

- Alia Joy

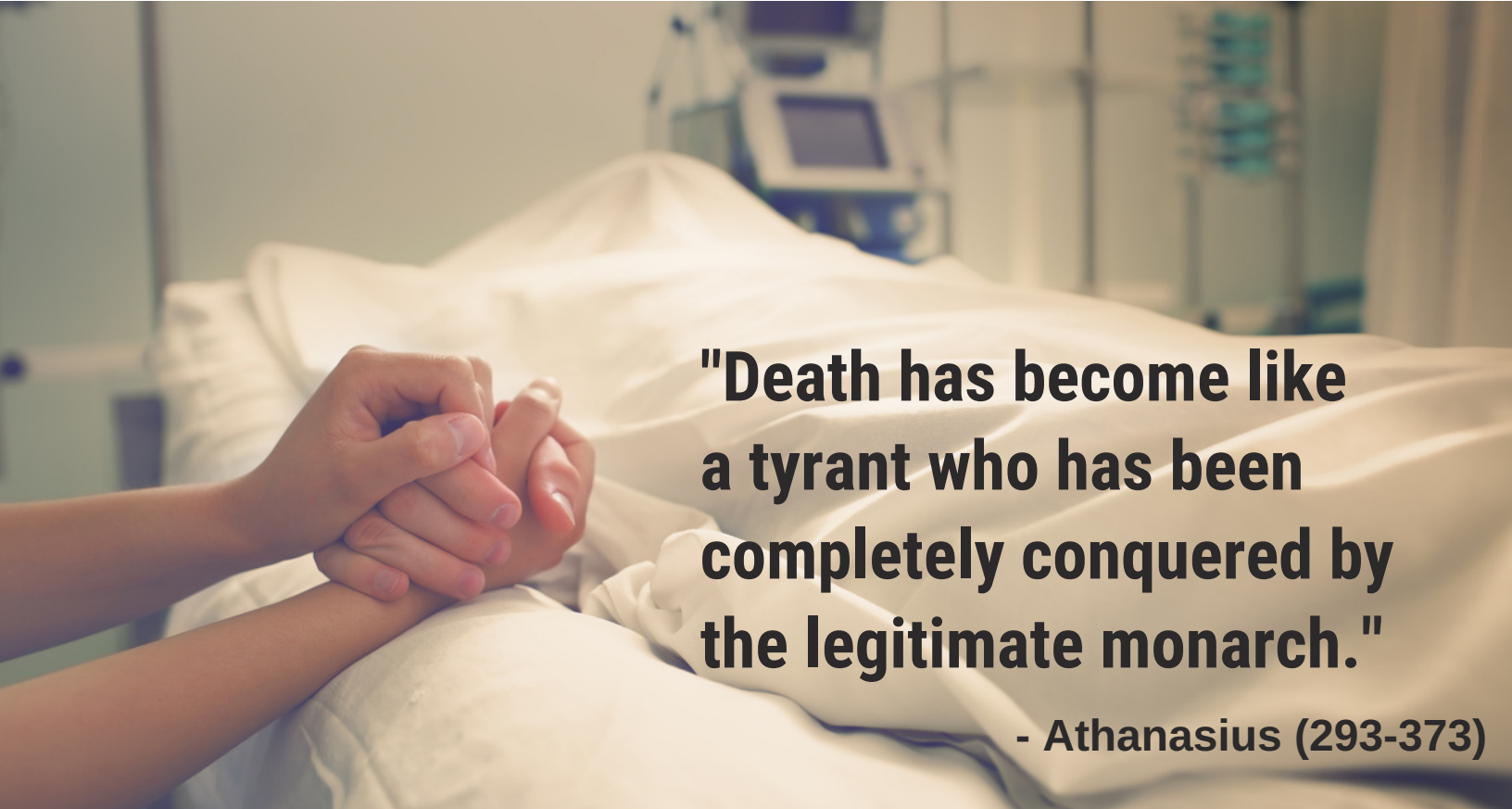
A MIXED BAG

Hardship and blessing coexist in my life. God, your Spirit is never anxious. Fill me.
Make me a carrier of the peace that forever lives in you.

Read Isaiah 32:9-18

Prayer & Reflection:

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"Death has become like a tyrant who has been completely conquered by the legitimate monarch."

- Athanasius (293-373)

DEATH

Jesus, you met death and it will forever bear the marks of that encounter. Spirit of God, awaken me to life each moment. Father, prepare me for the hour of my death.

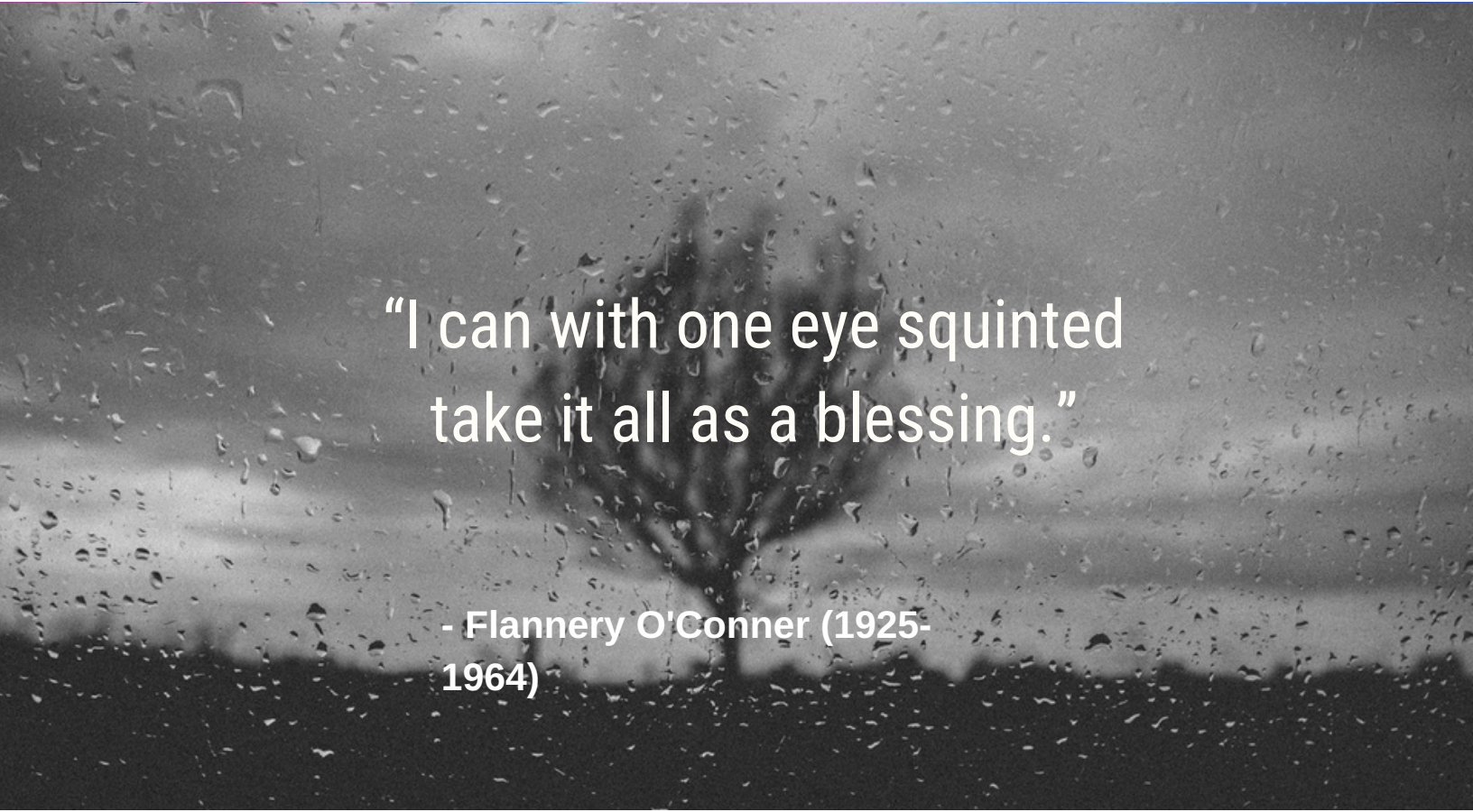
Read Hebrews 2:14-15

Prayer & Reflection:

WEEK 2

OVERCOMING JOURNEY

*Fears leave us and they return
but God is always at work*



“I can with one eye squinted
take it all as a blessing.”

- Flannery O'Conner (1925-
1964)

PRODUCTIVITY

I see suffering rightly from the vantage point of knowing I am at peace with God. How is God using suffering in my life? I want to become a more hopeful person.

Read Romans 5:1-5

Prayer & Reflection:

“If there is any hope for us, as sons and daughters of Adam and Eve, it does not lie in our common past. We messed that one up.”

**- Paul Hughes,
*Finishing Life Well***



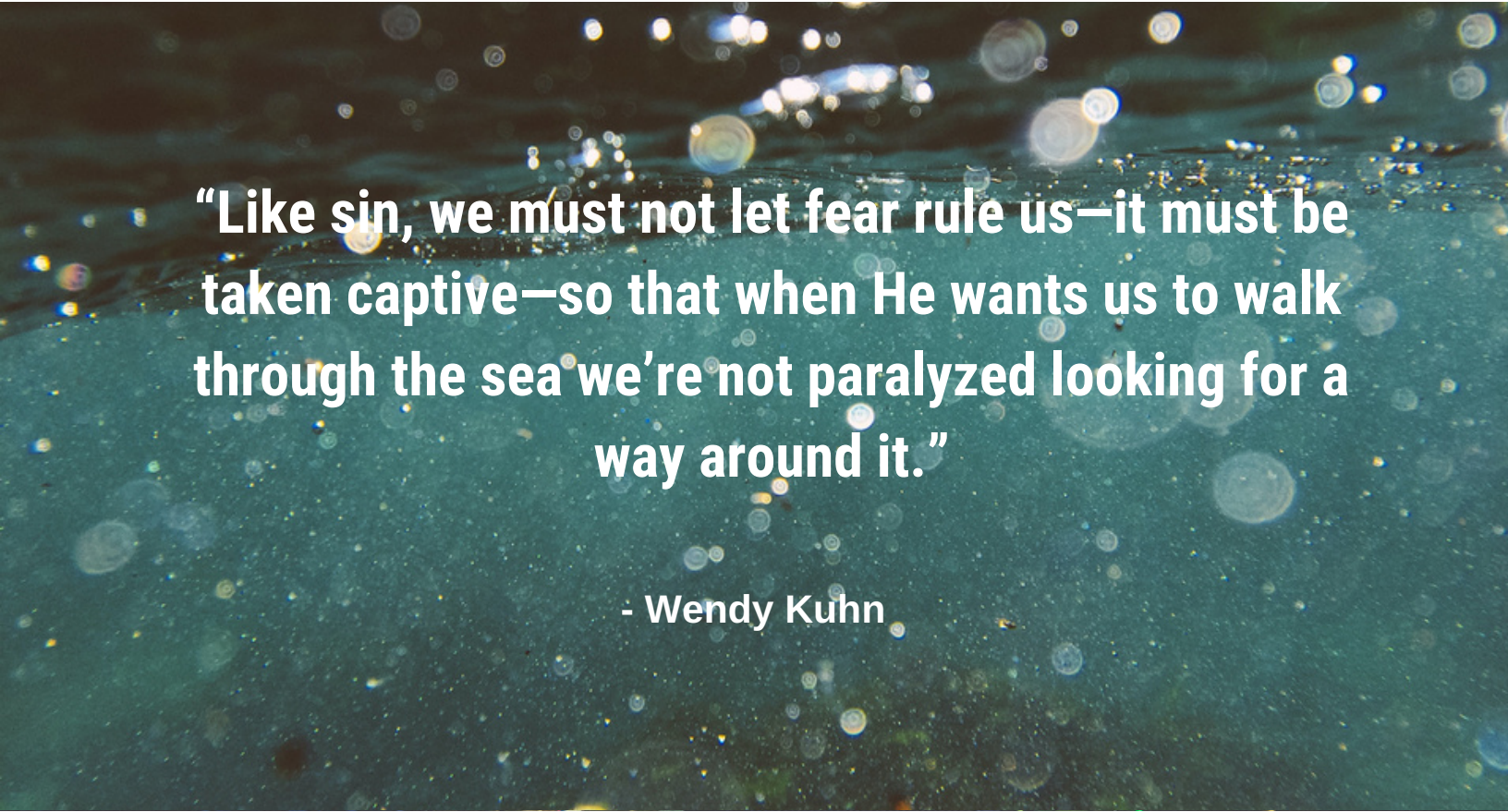
HOPE

Fear of failure haunts many. As long as our world remains a fallen world marked by futility, this fear isn't going away anytime soon. Jesus, keep doing the things I can't.

Read Romans 8:18-24

Prayer & Reflection:

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“Like sin, we must not let fear rule us—it must be taken captive—so that when He wants us to walk through the sea we’re not paralyzed looking for a way around it.”

- Wendy Kuhn

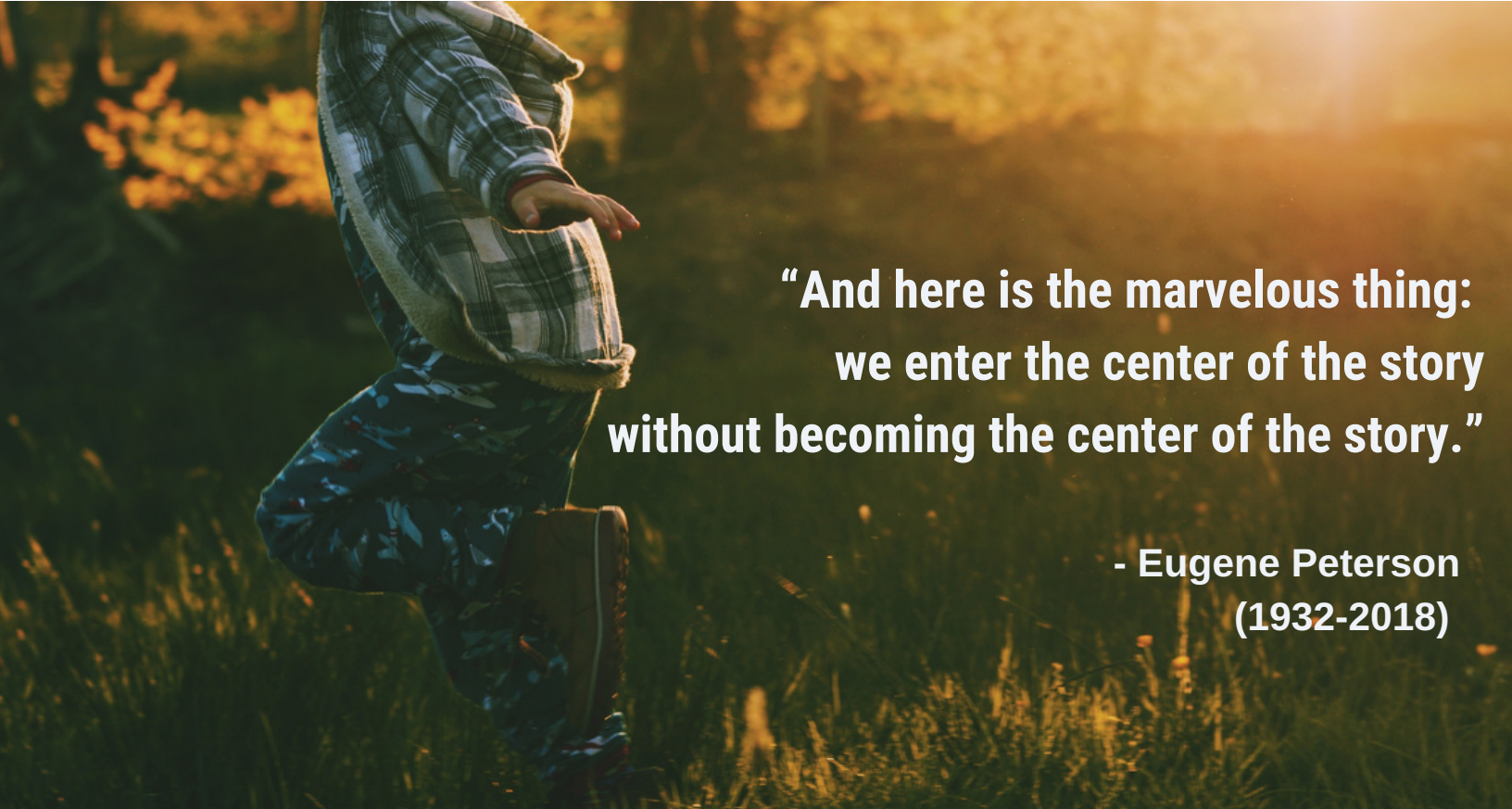
FREEDOM

"Fear not, stand firm, and see the salvation of the Lord which I will work for you today." When was the last time you said this to me, Lord? Say it again.

Read Exodus 14

Prayer & Reflection:

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**“And here is the marvelous thing:
we enter the center of the story
without becoming the center of the story.”**

**- Eugene Peterson
(1932-2018)**

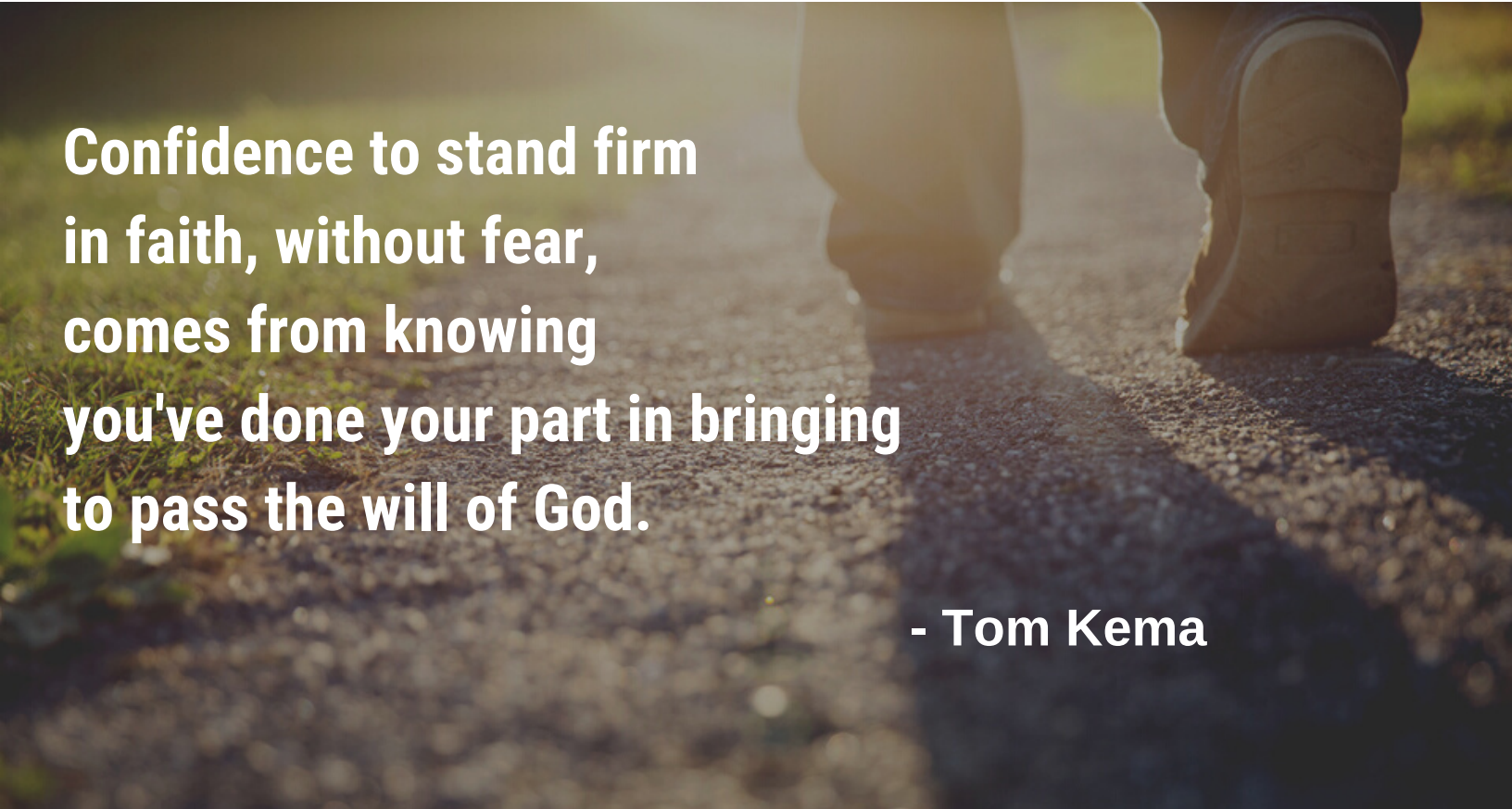
PARTICIPATION

Fear of missing out is more than a modern phobia. It may be God's gift to humanity, a lure calling me to come close to the main character and to follow his lead.

Read Isaiah 49:8-9 & 2 Corinthians 6:1-2

Prayer & Reflection:

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**Confidence to stand firm
in faith, without fear,
comes from knowing
you've done your part in bringing
to pass the will of God.**

- Tom Kema

CALLING

His strength and Spirit enlist me. Whenever I am fully armed, I always withstand evil. So, I wonder what God thinks of my "strategic withdrawals"?

Read Ephesians 6:10-17

Prayer & Reflection:



**"If you don't live by the praise of men
you won't die by their criticism."**

- Bill Johnson

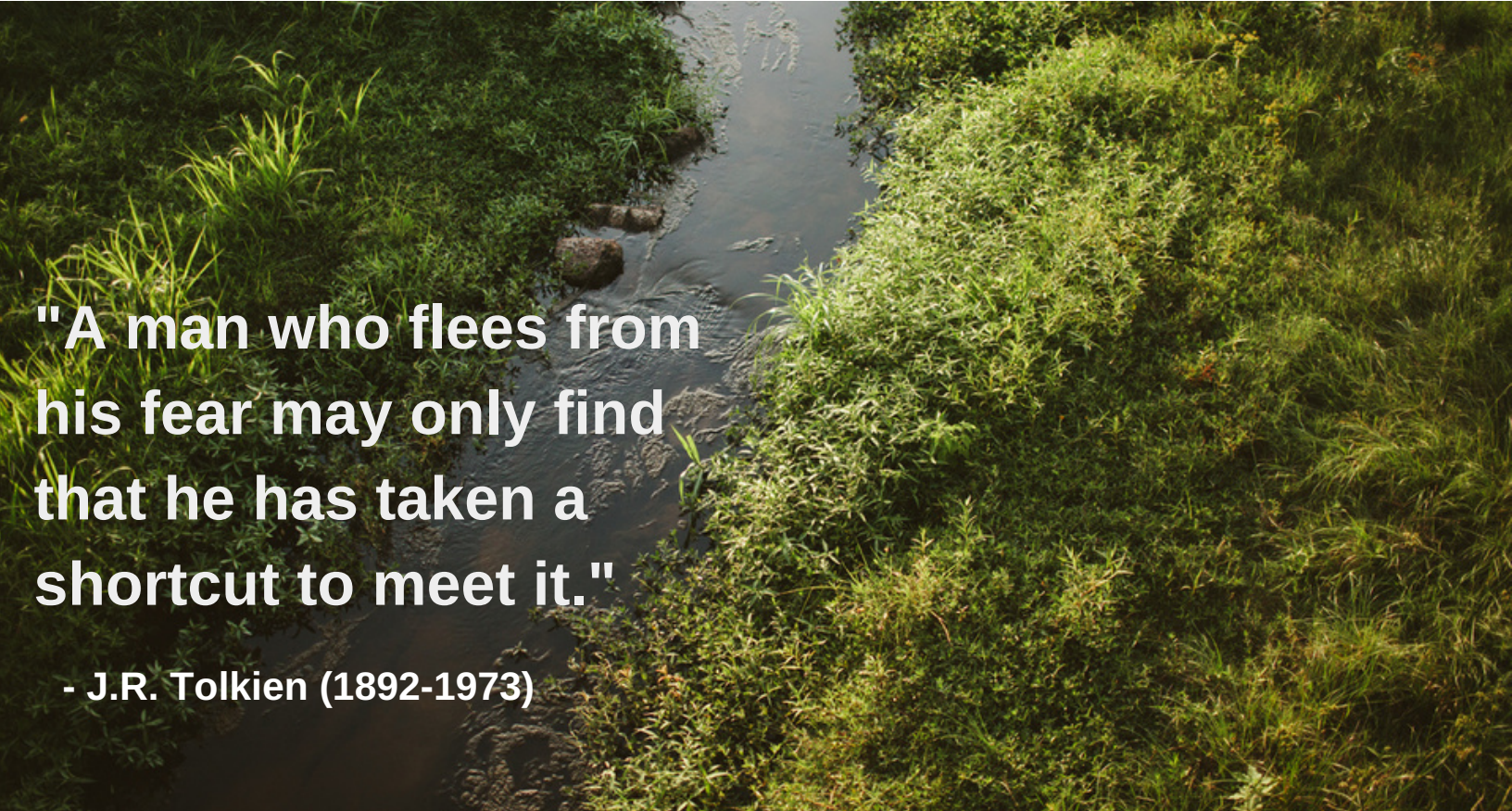
GLORY

You have made us to worship. And if there is one thing humanity can be relied upon to do, it is worship. When I am off-key, tune my heart to sing your praise.

Read John 12:42-43 & Psalm 150

Prayer & Reflection:

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"A man who flees from his fear may only find that he has taken a shortcut to meet it."

- J.R. Tolkien (1892-1973)

VALLEYS AND TABLES

When the shadows darken and the enemy of my soul sharpens his knife, God is no less present. Today is another day with God. This year is another year with God.

Read Psalm 23

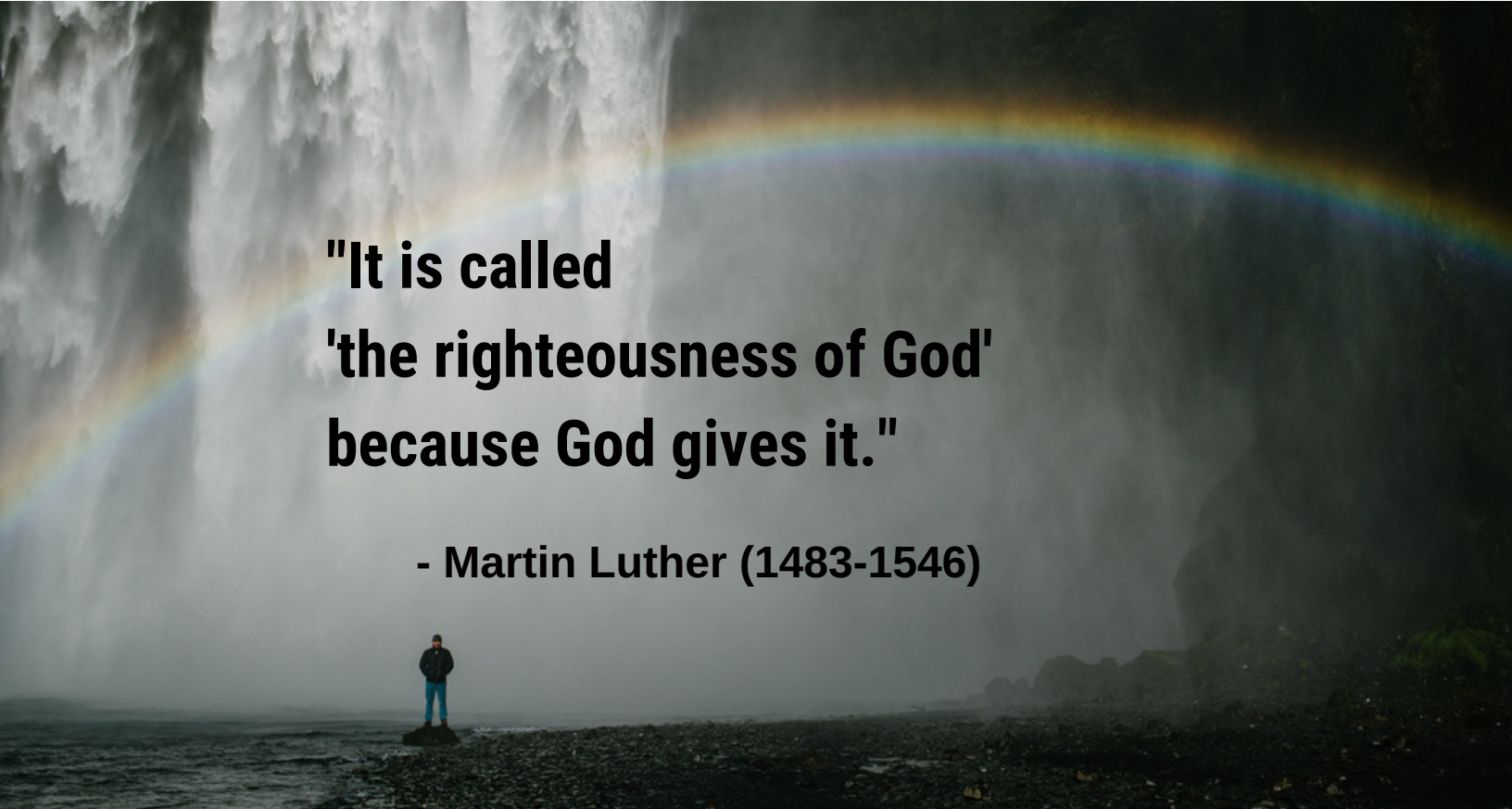
Prayer & Reflection:

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WEEK 3

OVERCOMING LOVE

*Christianity is, in it's most
basic nature, relational*



**"It is called
'the righteousness of God'
because God gives it."**

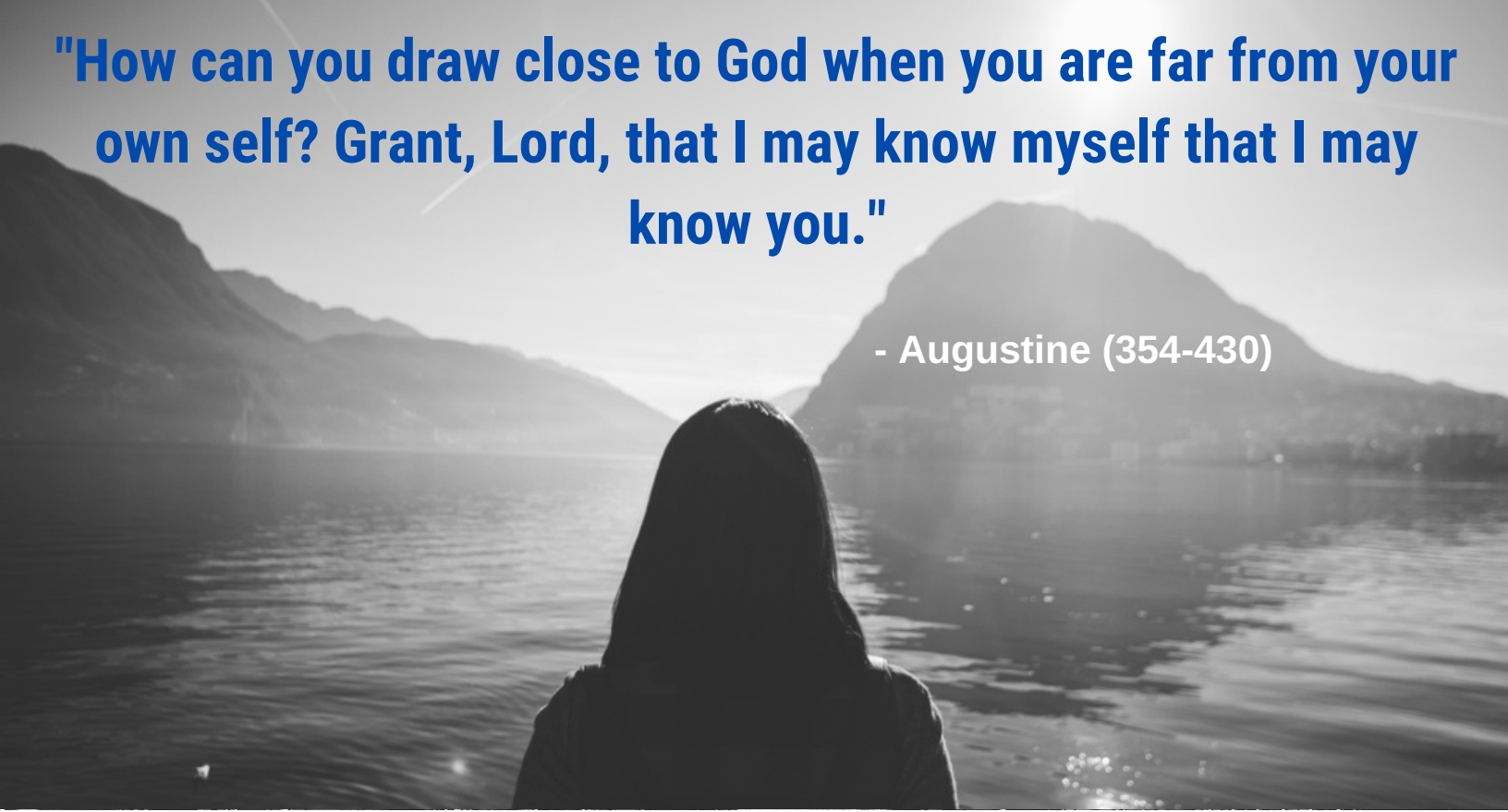
- Martin Luther (1483-1546)

JUSTIFICATION

My standing cannot be improved upon. I am seated with Christ in heavenly places. I cannot climb higher. Even so, my flesh wishes I could.

Read Jeremiah 23:5-6

Prayer & Reflection:



"How can you draw close to God when you are far from your own self? Grant, Lord, that I may know myself that I may know you."

- Augustine (354-430)

KNOWLEDGE

What is motivating me in life? Where do I find purpose? What fears remain hidden, even to myself? Where are you in the midst of it all, Jesus? I want to know you.

Read Proverbs 27:19

Prayer & Reflection:



**"Every time
God declines
to meet my
expectations,
another of
my idols is
exposed."
- Barbara Brown Taylor**

MYSTERY

God, remove the graven images in my heart, especially the ones I've constructed to represent you. You are not the work of my hands or the idea most pleasing to me.

Read Job 26:5-14

Prayer & Reflection:

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"Fear arises when we imagine everything depends on us."

- Elizabeth Elliot
(1926-2015)



PROVISION

I am valuable to my Father. I am very valuable to my Father. God, unite my heart to this truth. Let it cast a long shadow on my fears of what tomorrow may bring.

Read: Luke 12:22-34

Prayer & Reflection:

"Fear less. Love more."

- Grant Gramstead



THE POWER AT WORK WITHIN US

My brothers and sisters of Fullness are a part of me and I of them. Worry, failure, and death are no stranger to the church I love. May we fear less and love more.

Read Ephesians 3:14-21

Prayer & Reflection:

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"We are all members of one another, and one of us is Jesus Christ."

- Austin Farrer

MEMBERSHIP

People search for their place, hoping to belong somewhere. Jesus, if your church is indeed your body, then it is among this people that I am promised to find you.

Read Ephesians 1:15-23

Prayer & Reflection:

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**“BECOMING AN ADULT IN OUR CULTURE IS
SYNONYMOUS WITH BEING MADE
PERFECT IN FEAR.”**

- Jonathan Martin, *Prototype*

PERFECTION

I am often perfected, or completed, by the ideas I allow to shape me. My culture peddles in fear and outrage. Jesus—as your beloved—I love you.

Read 1 John 4:17-19

Prayer & Reflection:

ISAIAH 41:10 (MSG)

Don't panic. I'm with you.

There's no need to fear for I'm your God.

I'll give you strength. I'll help you.

I'll hold you steady, keep a firm grip on you.
